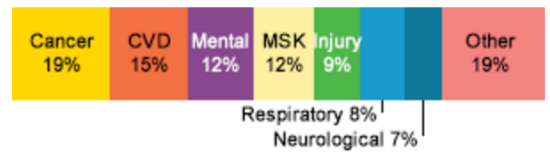


CVD Extent of condition and trends.

Annotate this information from *Australia's Health 2016* and create a statement about CVD rates in Australia. Post your statement on the board before tomorrow's lesson.

Cancer

Accounted for 19% of the burden of disease in Australia in 2011, followed by cardiovascular disease (15%), mental and substance-use disorders (12%), musculoskeletal disorders (12%) and injury (9%).

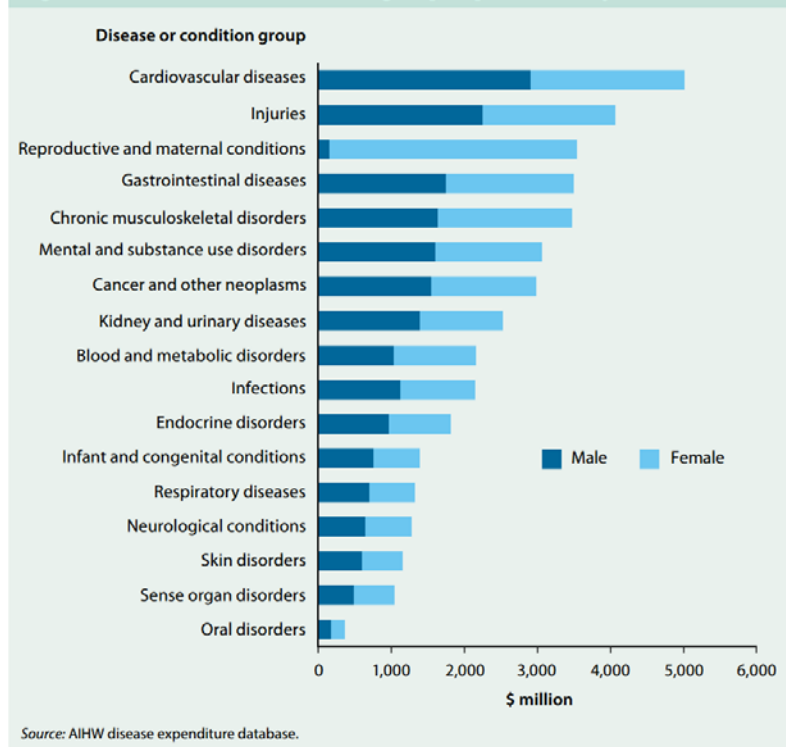


Coronary heart disease

Death rates fell by 75% over the 3 decades from 1983 to 2013, but CHD is still the leading single cause of death in Australia, accounting for 13% of all deaths in 2013.



Figure 2.2.4: Disease or condition group expenditure, by sex, 2012–13



The fall in premature mortality from chronic diseases such as coronary heart disease and cerebrovascular disease has been heavily driven by improvements in reducing risk factors such as high blood pressure (hypertension) and high blood cholesterol (see 'Chapter 4.3 Biomedical risk factors'). There have been marked increases in the use of statins to treat high cholesterol and of anti-hypertensive medication to treat high blood pressure, as well as improvements in rates of smoking and other risk factors.